

BODYCHECK SUMMER SAVER WEEK NEWSLETTER

TO CELEBRATE OUR 21st ANNIVERSARY HERE AT BODYCHECK we are offering new members a discount of up to 21% off memberships. HOWEVER, as always we like to offer our loyal members a better offer and this is up to 24%. It doesn't matter when your membership is due, you won't lose out as your new year is added on to your old renewal date. Ask Daphne or Julie if you would like more details on your own membership.

NEW CHALLENGE has started and it is still early days if you want to join in. It is called The 60k Challenge – with a twist. This one really is a CHALLENGE.

THE FUN RUN was, as always, a great success with lots more children and parents, grandparents etc., taking part. We have raised over £1000 so far for Willow Wood and hoping to make it £1500 when all the sponsor money is in. Thanks to all who took part and to those who helped on the day and especially our sponsors including DJ Pape Associates, Bakers Solicitors and Adam Corbally, Metropolitan Drinks and Swizzels who helped fill the goody bags and also Rose Green Café who turned up on the day with a load of cup cakes for everyone.

PREMIER HOLIDAY PRIZE Only a couple of weeks left for this to be won. It is the member who has introduced the most new members since July 2010 to end June 2011 who wins the holiday worth up to £800. So far there are members who have introduced 5, 4, 3 and several with 2. If you would like us to pay for your holiday then GET RECRUITING NOW especially with the Summer Saver offers.

STATISCALLY, did you know, that the members who book in on a regular basis for One2One training with Glenn will achieve their goals and be a lot more motivated so do take advantage of this facility as it is included in your membership.

CHRISTMAS PARTY – 4th December 2011 – Glossop Cricket Club.

FINALLY, Glenn is thinking of organising a “Santa Dash” near Christmas. This is a world wide event and is for all ages. It would be round Manor Park and basically every one who enters is given a Santa Suit to wear on the day. It is a fun event and can also be used to raise money for Willow Wood. It is only in the “thinking” stage at the moment and we need to know how many members would be interested in taking part before we attempt to organise anything. Can you let us know.